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# Medical Cannabis For Chronic Pain Relief



## Synopsis

The foreword written by: Al Byrne, LCDR, USN, ret. Co-founder and Director Emeritus of Patients Out of Time, Co-founder of Veterans for Medical Cannabis Access. United States veterans are overdosing on prescription pain medicine at twice the rate of the general public. Many complain they feel over-medicated. Many Veterans report that medical cannabis helps them like no other medicine, whether it's for their mental, physical, emotional and/or spiritual needs. The author wrote this book in hope that cannabis research may be accelerated and that our veterans may benefit from that research. This book offers one of the most comprehensive and in depth explanations to date of how cannabis works in the body to relieve pain. Written by an experienced registered nurse with a PhD in alternative healthcare, this is a well-rounded book containing straight forward health care information for the cannabis patient, their family and caretakers. This book offers structured guidance and support to all of those venturing into the world of cannabis therapeutics. Worldwide there are an estimated 69,000 deaths per year from opioid overdose and 15,000,000 who suffer from opioid dependence. WHO. In the United States emergency room visits from prescription opioid overdoses are off the charts at 7,000 people per day. Overdose deaths involving prescription opioids have quadrupled since 1999, and so have sales of these prescription drugs. From 1999 to 2015, more than 183,000 people have died in the United States from overdoses related to prescription opioids. The endocannabinoid system is the great regulator of the body. This book is about the care and treatment of the endocannabinoid system, under medical supervision, using medical cannabis to universally help treat chronic pain, addiction, anxiety, insomnia and many other ailments. Cannabis is the medicine of the endocannabinoid system. The endocannabinoid system can be compromised by many factors, such as stress, trauma, pesticides, chemicals, poor nutrition to name a few. We produce our own cannabinoids naturally in the body and they are known as endo cannabinoids. When we develop internal cannabinoid deficiencies, external cannabinoids, hence cannabis may be used. Cannabis is the medicine of the endocannabinoid system. When the endocannabinoid system is deficient, opioid regulation may not function properly. This is what physicians trained in cannabis therapeutics will look for as part of their assessment for pain and medication management. Cannabinoids can modulate pain perception, inhibit inflammation, and have a positive influence on pain-killing systems of the body, especially the opioid system. Cannabinoids have therapeutic value in pain management, especially against inflammatory and neuropathic pain, conditions which respond poorly to conventional therapy. The author is a past director of nursing at a south Florida drug detox and treatment facility. Steve is co-author of best-seller: "CBD-Rich Hemp Oil: Cannabis Medicine is Back"

## Book Information

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Unfortunately, our veterans are forever haunted. Their exceptionally brave, but war ravaged souls in perpetual torment. Their heart wrenching anguish is unparalleled from the unimaginable, unspeakable, hellish things they have witnessed, and been trained to do in order to protect our beloved land of the free, and home of the brave. PTSD is a vicious invasion of the brain, with no respite of cease fire. The human brain is not wired to handle, nor accept intense, war-related ordeals. PTSD is a never-ending torture which leaves a permanent scar. Mentally, and emotionally our veterans are never permitted to return. Your remarkable kindness, knowledge and compassion, combined with your expertise and suggestions for treatment, would be their only hope. Thank you for publishing this amazing book, emphasizing the dire issues that our heroes face. You give them a voice, and keep them in the forefront. Your words, and incredible efforts will surely save veterans' lives. You're a pioneer paving the way to hope and healing. God bless our awesome veterans, and God bless you Steve. Stacia McDonough Gold Star Wife Founder of "They Kept Us Safe, Let's Keep Them Warm"

Great book! The incredible depth of his knowledge on medical cannabis is impressive, as is his sincere compassion to heal our noble heroes in need. A must read for those interested in alternative healing.

couldn't understand

Informative book.

It informs people of the benefits of medical cannabis

It really works!

Great info and very readable. Chapter just for health professionals too. This is very enlightening. Went out and bought the oil.

First, I am not a medical professional. This book isn't a fluffy one about the benefits of pot. I found it to be an excellent source of information with a lot of references that could be reviewed for deeper insights. It also tries to balance out the cons of marijuana. The chapters did seem to be largely self contained so if you wanted to view one specific use, it is accessible without reading the entire book. My one objection to the book is the comments about using the whole plant because of possible synergistic effects. While that might be true, it is only supported by one recent study. Because it's the only practical way most people will access it, I'm not convinced it's true. There is enough recent research to make me feel there may be some validity to claims of medicinal uses.

I am truly impressed by the transparency of this book. It is written in a concise and forward manner. I was able to understand the layman's and medical terms with ease. Being a Veteran and suffering from chronic pain due to traumatic injuries I find it reassuring that perhaps the future in pain treatment for me using CBD's to alleviate pain in the VA system is just around the corner. This book is a must read for all Veterans seeking an alternative to opioid treatment.

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